

Days For Girls Sew-A-Thon

Volunteer event to create washable feminine hygiene kits for girls in developing countries.

Sunday, January 7th

1:30pm - 4pm

Arden Hills City Hall, lower level

1245 Hwy 96 W,

Arden Hills, MN 55126



Volunteers from New Beginning Christian Fellowship delivering kits in Haiti.

Join New Beginning Christian Fellowship, the Rotary Club of Maplewood, and community volunteers to help break the cycle of poverty.

In many developing countries, having a way to manage her cycle means a girl can stay in school.

Staying in school means a girl can avoid the challenges of early marriage and childbirth, and set her up for a lifetime of op-

The good news; **lots of lives have been changed!** The motivating news; **our shelves are BARE!** All the kits have been sent out. It's time to ramp up production again, so please forward this to anyone you know who has a heart for people living in poverty.

We need donations!

- pre-washed / dried 100% cotton woven fabrics, like quilting cotton, in bright colors (not white)
- pre-washed / dried 100% cotton flannel, in bright colors (not white)
- Gallon sized **ZIP-LOCK only brand FREEZER bags** (not the kind with the zipper) This bag becomes the girls' washing machine, and these hold up the best.
- Thin washcloths
- Girls panties size 10-14 or women's small
- Money toward the cost of shipping and supplies

Don't sew? No problem! There are jobs for men, women, and older children. Pinning, applying snaps, threading drawstrings, pressing seams, cutting. Of course sewers are needed. Bring your machine if you can, and your favorite scissors. We will also have supplies available.

Questions? Contact deborahnygaard@yahoo.com